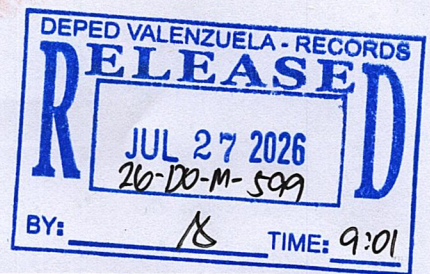




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Republic of the Philippines
Department of Education

NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE OF VALENZUELA CITY



**Office of the Schools Division
Superintendent**

DIVISION MEMORANDUM

No. 0602 s. 2026

INVITATION TO THE MENTAL WELLNESS FORUM "WHERE IS THE LIGHT?"

To: Schools Division Superintendent
Chief Education Supervisors - CID and SGOD
Education Program Supervisors and Public Schools District Supervisors
Public Secondary School Heads
All Others Concerned

1. For the information and guidance of all concerned, attached is the Regional Memorandum No. 547, s. 2026, signed by Jocelyn DR. Andaya, Director IV, dated July 16, 2026, regarding the aforementioned subject, the content of which is self-explanatory.
2. Particular attention is invited to paragraph nos. 1, 2 and 3 reiterating the details of the said activity.
3. Immediate dissemination and compliance on this Memorandum is hereby enjoined.

NOEL D. BAGANO
Schools Division Superintendent

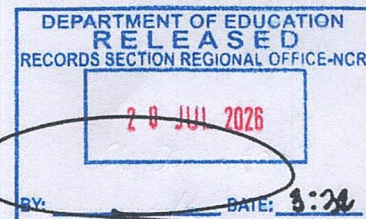
Encl.: As stated
References: Mental Health Act (RA 11036)
To be indicated in the Perpetual Index
under the following subjects:

MENTAL HEALTH PROGRAM

MDMMP/DM – INVITATION TO THE MENTAL WELLNESS FORUM "WHERE IS THE LIGHT?" (ITTMWFWITL)
_____/July 22, 2026



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

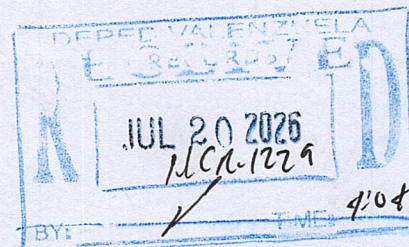


July 16, 2026

REGIONAL MEMORANDUM

No. 547, s. 2026

To: Schools Division Superintendents
Assistant Schools Division Superintendents
Chiefs, Functional Divisions
Public Schools District Supervisors
School Heads
Teaching and Non-Teaching Personnel
All Others Concerned



INVITATION TO THE MENTAL WELLNESS FORUM "WHERE IS THE LIGHT?"

1. In line with the Department of Education's commitment to promoting the mental health and well-being of its personnel and learners, all school officials, teaching, and non-teaching personnel are invited and strongly encouraged, on a voluntary basis, to participate in the Mental Wellness Forum entitled "Where is the Light? – Radiant Wellbeing in the Heart of the Family," with the following details:

Date: August 8, 2026 (Saturday)
Time: 7:30 a.m. – 12:30 p.m. (Registration starts at 6:30 a.m.)
Venue: TYA Auditorium, De La Salle University-Manila

2. The forum seeks to promote greater awareness that mental wellness involves the holistic well-being of the person—mind, body, relationships, and spirit—and will feature distinguished speakers from the fields of health, education, media, faith, and family life.

3. Recognizing the importance of mental wellness, all school officials, teaching, and non-teaching personnel are strongly encouraged to participate in this meaningful forum. Participation is voluntary. This initiative is strongly supported by the Department of Education in line with its commitment to promoting the mental health and well-being of its personnel and learners.

4. Admission is free. Interested participants may register directly with the organizers using the contact details provided in the attached event poster.

5. Immediate and widest dissemination of this Memorandum is desired.

JOCELYN DR ANDAYA

Regional Director, NCR
and concurrent Officer-in-Charge,
Office of the Assistant Secretary for Operations



Address: 6 Misamis St., Bago Bantay, Quezon City
E-mail address: ncr@deped.gov.ph
Website: depedncr.com.ph



Where is the **LIGHT?**

radiant wellbeing in the heart of the family

A FORUM ON MENTAL WELLNESS

with

**Bo Sanchez
Kara David
Fr. Ted Gonzales, SJ**

**Dra. Bernadette M. Arcena
Nonie & Shamaine Buencamino
Larry Gamboa & Family
Rob Henares**



AUGUST 8, 2026
SATURDAY
fb: Families in Art
and Culture (FIAT)



7:30 AM - 12:30 PM
Registration starts at 6:30 AM



**TYA AUDITORIUM
DE LA SALLE UNIVERSITY
MANILA**



UNILAB
FOUNDATION



Hope. Healing. Family. Together.



FREE ADMISSION
SECURE YOUR TICKETS

Send to any of the mobile nos listed below.

0917 857 3621 / 0927 537 5888
0917 838 1302 / 0917 835 2008

GET YOUR TICKET TO ENTER THE VENUE. MESSAGE US:
mentalwellnessforum/state your complete name / No. of tickets / state your exact location